IMPORTANT INFORMATION FOR PARTICIPANTS

- 1. Please observe the speed limit on the access road and in camp.
- 2. Please park in the DESIGNATED parking areas only.
- 3. Dogs are not allowed at the Maine Canoe Symposium (MCS).
- 4. Smoking is prohibited at Camp Caribou.
- 5. Drinking water and bathrooms are available. See map for location of women's and men's bathrooms.
- 6. Parents are responsible for the safety of their children. Parents/guardians must review & sign "Maine Canoe Symposium Waiver & Health History" prior to participation in MCS and/or MCS Children's Program.
- 7. Do not use private canoes without permission from the owner. Please ask if you are unsure.
- 8. You are encouraged to bring your own canoe, PFD (Personal Flotation Device), paddle, and/or pole to the Symposium, including youth PFDs for your child/ren. **PFDs must be worn at all times while in any watercraft.** Camp Caribou has PFDs if you do not have your own.
- 9. Bring appropriate clothing and gear for Maine in June. If it rains, the Symposium just keeps going. Make sure you and your child/ren are comfortable in any weather.
- 10. Signup sheets for on-water workshops will be available from 7:00- 8:30 am; participation is limited based on safety and will be offered on a first-come, first-served basis.
- 11. Some workshops may require that you bring special equipment, such as a yoga mat, towel, camera, mobile device—please check the workshop descriptions and prepare accordingly.
- 12. Swim only in designated swim areas and during designated swim times. Bryant Pond lifeguards will be on duty at designated times. Swimming is otherwise prohibited.
- 13. It is tick season in Maine. Prior to departure and then again before retiring for the evening, complete a thorough tick check for all MCS participants. For guidance on how to complete a successful tick check, please visit the Maine Centers for Disease Control at https://www.maine.gov/dhhs/mecdc/.

MCS Mission Statement

Established in 1986, the Maine Canoe Symposium is a volunteer-run, non-profit, weekend event. The Symposium encourages participants of all ages to develop an understanding and appreciation of the diversity of North American canoeing heritage and to develop canoeing and related skills through educational workshops, presentations, and hands-on instruction.