UMaine 4-H Camp and Learning Center, Bryant Pond ME 17 Conservation School Rd, Bryant Pond. ME. 04219 Online: mainecanoesymposium.org

## **Maine Canoe Symposium**

June 3-4, 2023



	start	end		Maine Canoe Symposium 2023 Program (v. 5.27) - Check the Info/Registration Table for any changes or updates					
1	7:30 AM	8:30 AM		Registration Check-in   Orientation   Water Workshop Sign-ups - The Pines					
2	8:30 AM	8:45 AM		Welcome Commencement - Waterfront					
			WATER			LAND			
			Location	Instructor	Workshop	Location	Instructor	Workshop	
3	9:00 AM	10:15 AM	Site A	Kevin Silliker	Introduction to Canoe Poling	Lakeside	Jeff & Lisa DeHart	Quick and Effective Tarps and Shelters	
			Site B	Nancy Zane & Beth Arnold	Tandem Canoeing Fundamentals	Waterhouse Park	Andrew Dawson	Campfire Donuts	
			Site C	Polly Mahoney	Tandem Canoeing Skill Building for Women				
4	10:30 AM	11:45 AM	Site A	Leah Titcomb	Finding Balance in your Canoe	Waterfront	Keith Attenborough	Choosing a Canoe and Picking a Paddle	
			Site B	Rory Matchett	Flatwater Drills to Improve your Paddling Skills	Waterhouse Park	David Butler	Tips for Canoe Camping in the Shoulder Seasons	
			Site C	Jane Barron	Northwoods Canoe Stroke - Tandem	Dining Hall	Jim Vogel - ME Bu. Parks & Lands	Overnight Adventures on Maine's Public Reserve Lands	
5	12:00 PM	1:00 PM	Lunch - Dining Hall						
6	1:15 PM	2:30 PM	Site A	Kids Program	MaCKro Canoes	Waterhouse Park	Dave Lewis	Canoe Travel	
			Site B	Keith Attenborough	Solo Canoeing Fundamentals	Rec Field	Kate Farnham	Fly Casting	
			Site C	Polly Mahoney	Women in the Stern	Dining Hall	Noah Pollock	Northern Forest Canoe Trail - Stewardship & Adventure	
7	2:45 PM	4:00 PM	Site A	Jean Gerber	Canoe Poling - Skills Development	Lakeside	Leah Titcomb	Yoga for Paddlers	
			Site B	Rory Matchett and Kevin Silliker	Canoe Safety	Dining Hall	Chris Dalton	Exploring Maine's Lost Canoe Routes	
			Site C	Benson Gray	Canoe Sailing				
8	4:15 PM	5:30 PM	Afternoon Break   Silent Auction - The Pines						
9	5:45 PM	6:45 PM	Dinner - Dining Hall						
10	7:00 PM	8:15 PM	Featured Speaker: Zip Kellogg - The story of and stories about the Maine Atlas and Gazetteer as we approach its 50th year of existence - MCS Tent						

Campfire S'mores & Magic Flames - Waterhouse Park

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11 8:20 PM 10:00 PM

**SATURDAY** 

	start	end							
12	7:30 A	M 8:45 AM		Breakfast - Dining Hall   Water Workshop Sign-ups - The Pines					
			WATER	WATER		LAND			
			Location	Instructor	Workshop	Location	Instructor	Workshop	
13	9:00 AI	M 10:15 AM	Site A	Kevin Silliker	Introduction to Canoe Poling	Waterfront	Jean Gerber	Sketching - Capturing Moments in Nature	
			Site B	Kevin Slater & Dave Butler	J-Stroke Development and Variations	The Pines	Ken Wize & Gerry Saunders	Paddle Carving Demo & Discussion - All Day / Drop In	
			Site C	Dave Lewis & Jane Barron	Lake Christopher Canoe Tour - Group Paddle	Rec Field	Kate Farnham	Fly Casting	
14	10:30 AN	M 11:45 AM	Site A	Lisa DeHart	Women's Canoe Poling	Dining Hall	Nancy Zane & Beth Arnold	First Aid for Paddle People	
			Site B	Rory Matchett	Flatwater Drills to Improve your Paddling Skills	Lakeside	Jeff DeHart	Ropes and Knots for Canoe Outfitting	
			Site C	Benson Gray	Canoe Sailing				
15	12:00 P	M 1:00 PM	Lunch - Dining Hall   Door Prizes						
16	1:15 PM	/ 2:30 PM	Site A	Kids Program	MaCKro Canoes	Waterhouse Park	Dave Lewis	Campfire Cooking	
			Site B	Kevin Slater & Dave Butler	Five Most Important White Water Strokes	The Pines	Allison Donohue	Getting Started with Trip Journaling	
			Site C	Jane Barron	Northwoods Canoe Stroke - Tandem				
17	2:45 PI	M 4:00 PM	Site A	Open	Open Workshop \ Overflow	Dining Hall	Nancy Zane & Beth Arnold	Trip Planning using Leave-No-Trace Principles	
			Site B	Chris Corey	Hit & Switch - North American Touring Technique	Open	Open	Open Workshop \ Overflow	
			Site C	Keith Attenborough	English Gates - Canoe Skills Course				
18	4:15 F	M	Closing Remarks - The Pines						