



# Maine Canoe Symposium

C/O Winona Camps  
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## 2019 Children's Activities-FINAL

6/2/2019

### Our Crew – Junior Program Staff Members:

Forrest Meader, Samantha Lewis, River Lisius, Grace Andrews, Ben Andrews,

### Friday Evening, Parents' Meeting (6:30 PM) Senior Wiggy - children's activities instructors

Kids and Parents orientation meeting right after supper. We will cover info and expectations you will want to know including safety and security. We have multiple offerings for a variety of choices including time to paddle, play, and swim. We always offer different activities for the older and younger kids to do separately and for parents and children to do together. We welcome adults if you would like to assist with activities. Or please come and participate in some of these fun activities with children simply for your own enjoyment.

### Friday Evening, Games (8:00 PM) Senior Wiggy – Children's Activities Instructors

Interactive games, ice breakers, Ga-Ga, and other fun activities. Gather up and get to know each other with some silly games and just plain FUNN (functional understanding not necessary).

### Saturday Morning Styles Parade (8:00 AM Sharp!) Children Paddle the Voyageur Canoe

Assemble at site F – Please Come Prepared with your PFD at breakfast

Everyone be sure you have your PFD with you and meet at site F just down the hill from the dining hall at 08:00. We need time to assemble everyone into the canoe and practice before we paddle over to site A so please be early!

### Saturday Morning, Canoe Skills in MaCKRO boats (9:15 AM - 10:30) water site A-3 –

#### Junior Program Staff On Water Instructors

Learn new things, canoe skills and some important strokes with small racing canoes provided by MaCKRO, Maine Canoe and Kayak Racing Organization. Learn double blade paddle strokes, hit and switch race technique and more. All ages welcome. Better bring a swimsuit though, just in case...

### Developing a Keen Eye: Naturalist Observations on a Trail (10:45 AM - 12:00) Gather outside at Inty Wiggy – Serena Sanborn

Many of us miss the incredible natural world phenomena around us: from the tiny galls on leaves and stems, the secretive nesting of birds, or the simple signs of skunk routing around for grubs. Come on a trail walk to develop a keen observational eye and discover some hidden secrets around us. A scavenger hunt will be handed out with some optional brief lessons on observational drawing.

### Saturday Morning alternate activity (Time Permitting), Knots and other skills Inty Wiggy front steps – Children's Activities Instructors

Learn some useful knots that you will be able to remember and put to use throughout the rest of your life.

**Saturday Afternoon, Fire and Woodland Safety (1:15 PM - 2:30 PM) Campfire circle – Jeff DeHart and Junior Program Staff**

Flint & steel fire starting. A hands on workshop. Learn to make a good spark and how to catch the spark on the char cloth to make a fire. Learn the fundamental skills of building a fire structure that will light successfully. Safety with fire for ourselves and our environment will be our first priority. Bring a responsible attitude along with your curiosity!

**Saturday Afternoon, Low Ropes (2:45 PM - 4:00 PM) Behind Senior Wiggy or TBD – Junior Program Staff**

Spot Kwon do, Through the Middle, Tension Traverse, Nitro Crossing, All Aboard. Some old familiar and some new cooperative initiatives and low ropes challenges we may try.

**Saturday Afternoon, Free time (4:00 PM) Parental supervision required**

Parents are responsible for their children's safety at all times. When children are around the water, parents are responsible for making sure their kids are safe. Swimmers at the beach must have parent supervision to swim within the specifically designated swimming area. Neither the Maine Canoe Symposium nor Winona Camps provide life guard service at any time.

**Saturday Evening Activity and Campfire (8:00 PM)– Junior Program Staff, and other adults**

We have supervised activities for kids who don't want to attend the evening presentation and we will touch off the traditional campfire. This is a specialty our Children's Activity Instructors come up with and promises to be a fun-packed session. One of the highlights each year is this Saturday evening campfire. Adults all welcome! This year Serena Sanborn will set up a moth light and moth bait to attract moths for moth observations! With just a simple black light set up we then can observe the fascinating moths around us! Please come and join us immediately after the evening program, this evening celebration features stories, camp songs and great memories. Often accompanied by loons, this is a great experience to really appreciate the camaraderie of the Symposium

..and this year Featuring:

– TADA – The Fabulous Flying Meader Brothers Duo, Ben and Forrest Meader!!!

**Sunday Morning, Canoe Skills in MaCKRO boats (9:00 AM) water site A-3 – Junior Program Staff On Water Instructors**

Follow up to Saturday's workshop. Learn more canoe skills, more strokes and enhanced techniques with small racing canoes provided by MaCKRO, Maine Canoe and Kayak Racing Organization. Learn double blade paddle strokes, hit and switch race technique and more. All ages welcome. And don't forget swimsuit though, just in case...

**Sunday Morning, Tomahawk throwing – (10:30-11:45 AM) Games Field, near Climbing Wall – Jeff DeHart, other adults**

Come learn and test your skills in the art of tomahawk throwing! Range safety and proper throwing technique will be taught under experienced adult supervision. And we will have more than one target so less waiting in line! Adults are welcome to join in.

**Finding the Kids Activity locations**

In the event you are separated and trying to find the group for an activity, first ask. Ask where we are. Organizing Committee members and Children's Activity Instructors are here to help. Or if you are on your own and searching for the kids' group, try Inty Wiggy first. That is where we usually gather. Then look at the beach. Next, check in back of Senior Wiggy we might be there. And finally check the Games field near the climbing wall. By then you should have found some clues. Most of all, have fun!

**MCS Mission Statement**

Established in 1986, the Maine Canoe Symposium is a volunteer-run, nonprofit weekend event held annually at Camp Winona on Moose Pond in Bridgton, Maine. The Symposium encourages participants of all ages to develop an understanding and appreciation of the diversity of North American canoeing heritage and to develop canoeing and related skills through educational workshops, presentations, and hands-on instruction.